

# Ear Piercing After Care

**Congratulations on just having your ears pierced!**

Now it is important to review the care of your newly pierced ears....so please follow these instructions:



## **DO NOT TOUCH YOUR EAR LOBES FOR THE NEXT 24 HOURS**

- ALWAYS wash your hands thoroughly with soap and water before cleaning your earlobes and studs. **Cleanliness is essential.**
- After the first 24 hours you may use an alcohol soaked cotton ball to drip alcohol over the earring/ear daily until healed. **Always make sure you are not allergic to the alcohol by treating it on a small patch of skin first.**
- While cleaning the earlobes, the tip of the stud MAY be gently rotated. Avoid touching them at any other time until healed.
- Keep hair away from earlobes as much as possible for the first few days.
- Avoid clothing and accessories that may catch and pull the studs.
- Avoid contact with skin irritants such as hairspray, gels, and mousse. Swimming is permitted.
- Leave original piercing studs in place for a minimum of 6 weeks.
- Avoid antibiotic cream and lotions on the earlobes.
- **Please contact the office if you have any redness, swelling or drainage**

## **LONG TERM AFTER CARE:**

- After the initial 6 week period, if you wish, you may remove the studs and replace them with a good quality ear jewelry. If you see any evidence of a reaction, choose nickel free, titanium, platinum or 24 Karat gold earrings. Any jewelry should be soaked in alcohol before inserting into the ear.
- During the initial 4-5 month period, avoid heavy costume jewelry or clip on studs and rings as these can easily stretch or irritate the still delicate tissue.
- For protection and hygiene purposes it is advisable to occasionally clean your earlobes and studs with alcohol swabs.
- If you have any questions about your newly pierced ears, please call the office to discuss.

